

## AALL & Create International Tournament Tutorial Template

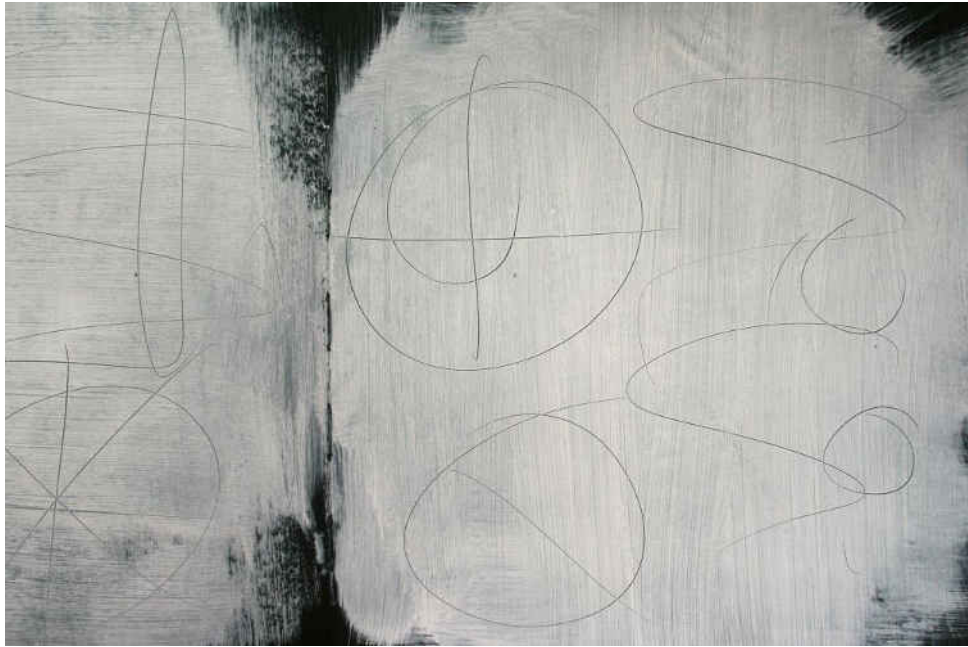
**Project Title:** The colours of Africa ... art journal pages

**By:** Kate Crane

**Quote:** *It's all about the colour for me! The wonderful, rich colours of Africa are my absolute favourites and are perfect for creating layer upon layer in your art journal pages.*

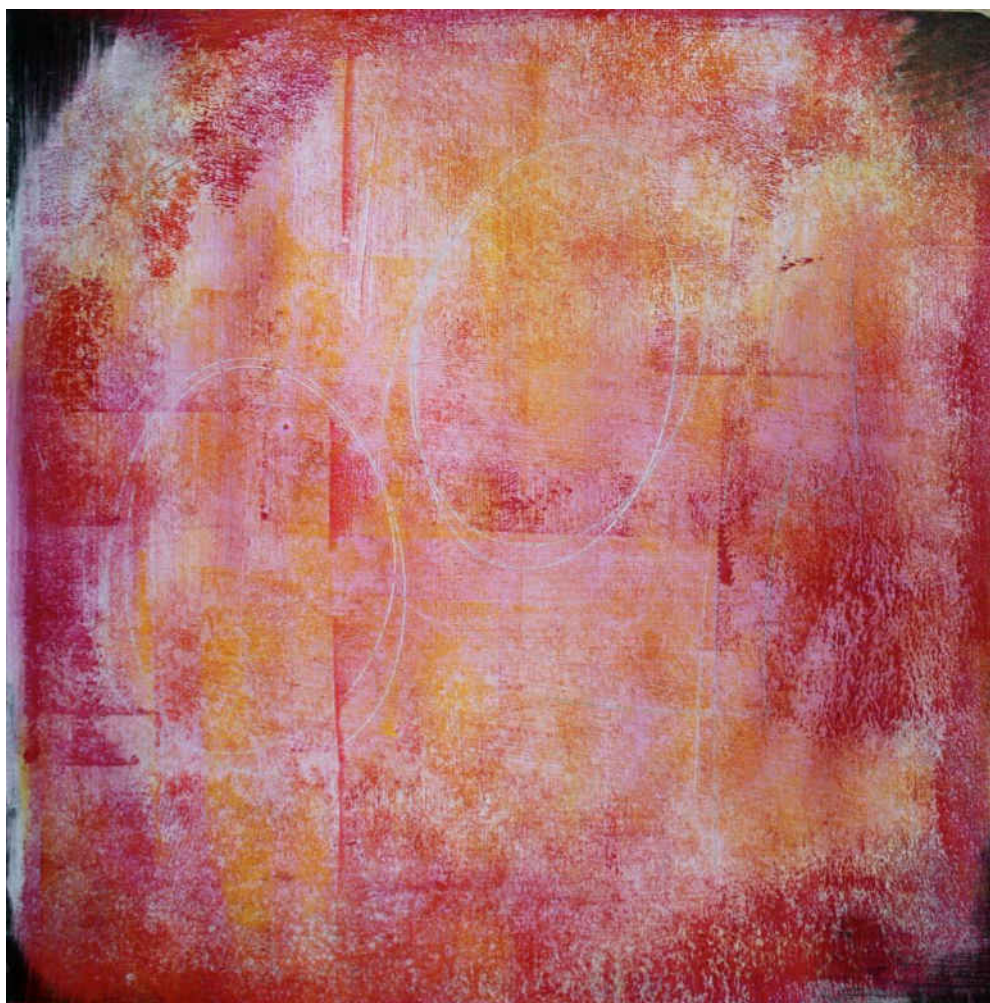
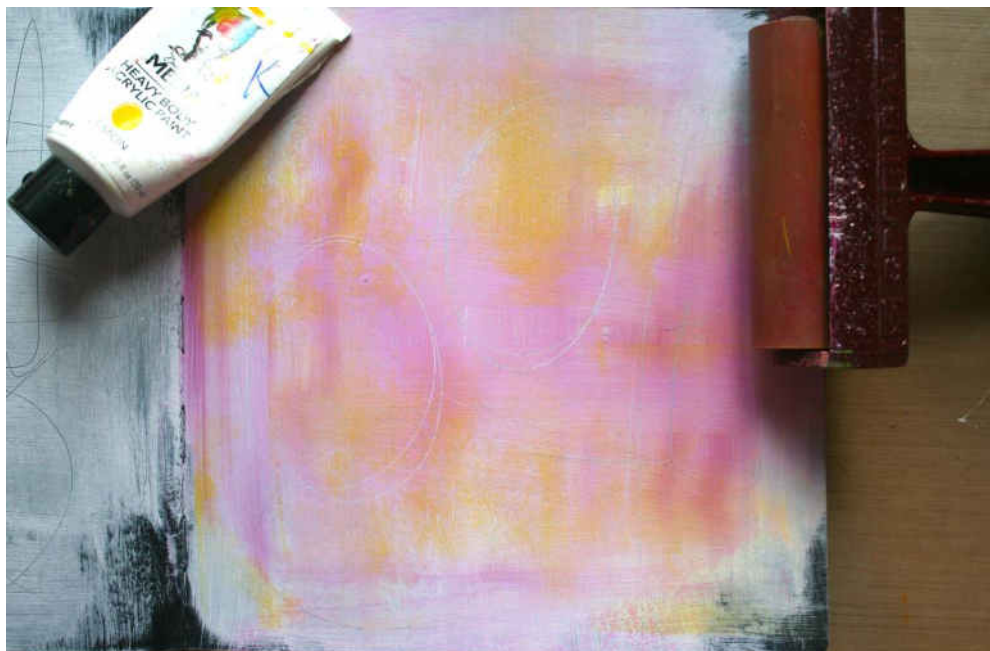
- Acrylic paints – in Red, Pink, Orange, Yellow, Black, White, Metallic Gold
- Gesso
- Gel Medium
- Distress Crayons, oil pastels or similar
- Stencils – AALL & Create no.6 by Autour de Mwa,
- Stamps – AALL & Create no.10 by Autour de Mwa, AALL & Create no.6 by Tracy Evans
- Junk for stamping
- Stickles glitter glue in clear
- White gel pen (Signo Uniball)
- Paintbrushes, brayer, silicone tool
- Archival ink pads in coordinating colours
- Scrap of vintage text paper





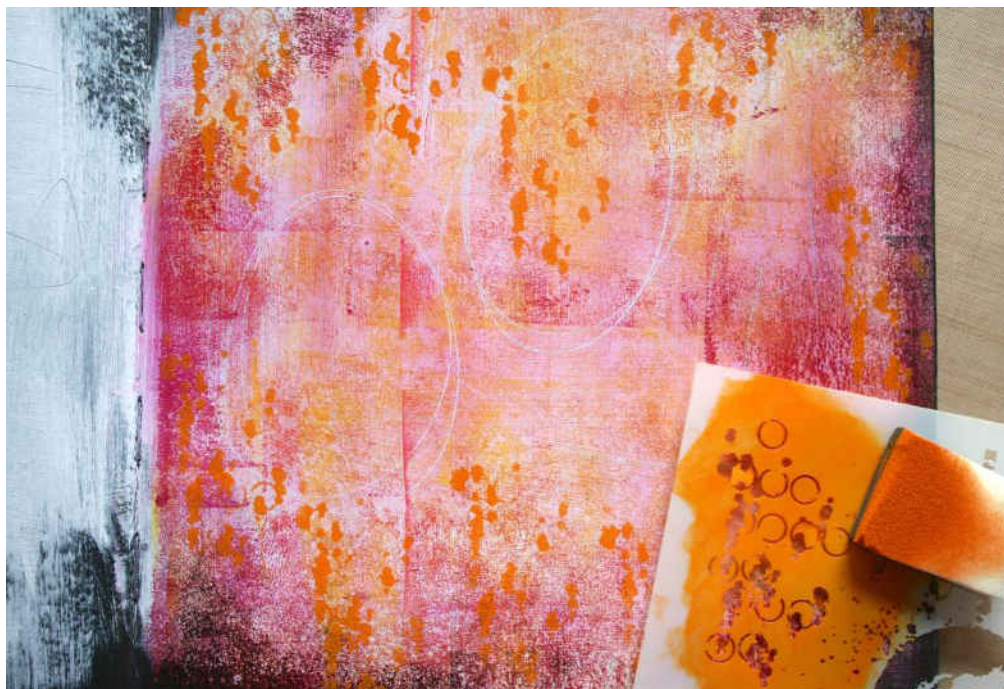
1      Begin with a layer of gesso on your art journal page and scribble into it loosely while wet. Then use a large flat paintbrush to add a pastel layer of pink keeping it loose and patchy. I tend to start painting with white and add colour into it, allowing it to blend, to create lighter and darker areas of colour.





2      Use a brayer to add light layers of paint over the top of the first layer. I added yellow followed by orange, pink and red, before finally adding a **VERY SMALL** amount of black. Keep it light by brayering onto a craft mat first to avoid ‘splodges’.





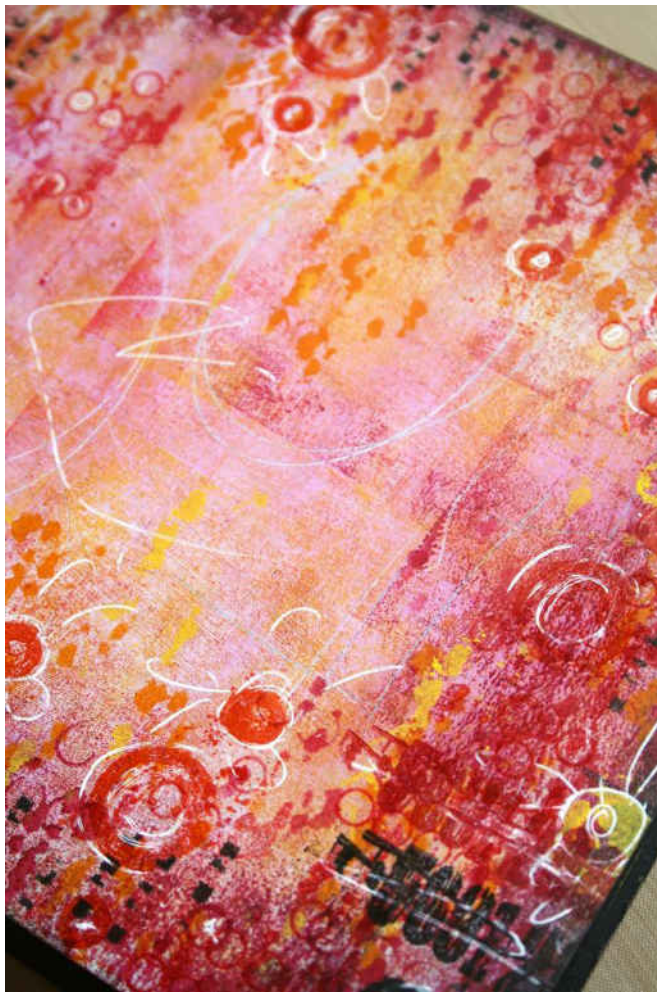
3 Use a craft sponge to add texture and pattern by sponging lightly through AALL & Create no.6 using colours that you have already added to your background. I focussed around the edges to frame the page.



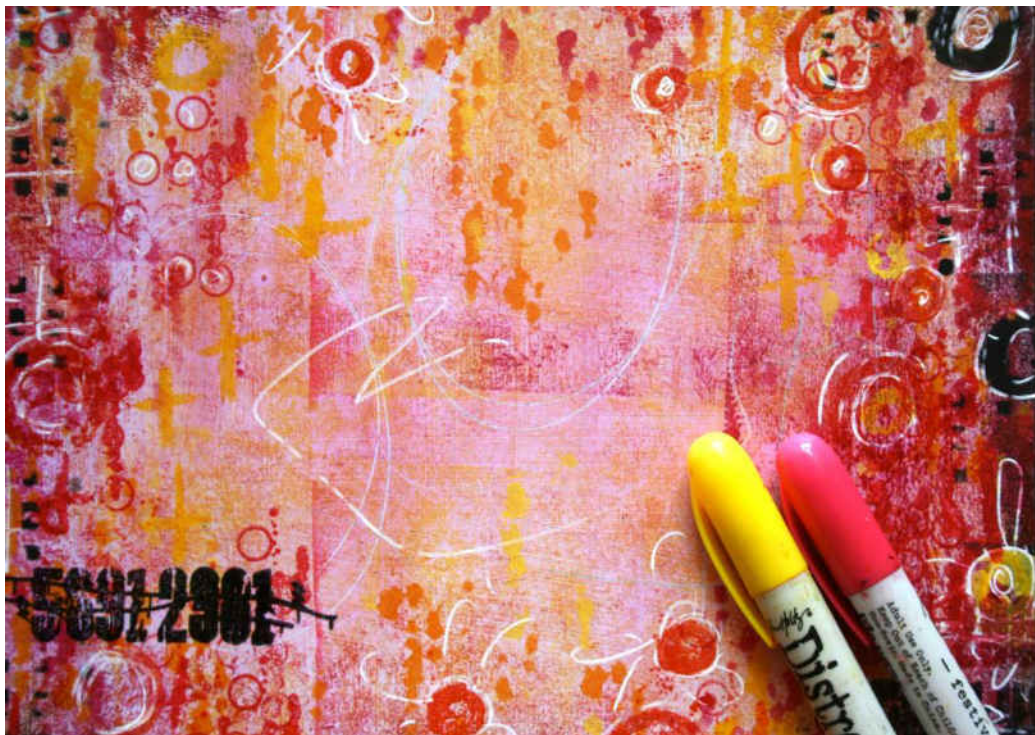


4 I repeated this step but this time I used Stamp set no.10 by Autour de Mwa and coordinating colours of archival ink to really build up the layers, still focussing mainly around the edge of the page. I also started to introduce some black to really make the brighter colours pop.



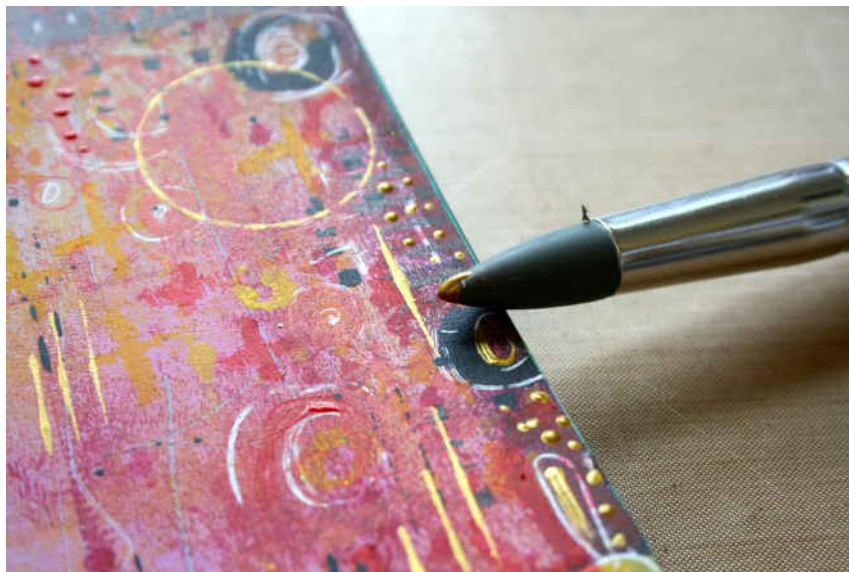


6 Add some doodling with a white gel pen, and even some scribbles. It helps to lighten areas, as well as defining any stencilling and stamping.



7 You can also add extra doodling or scribbling with Distress Crayons or oil pastels, or anything similar to add more pattern and texture. I used coordinating colours to build up the background rather than add a feature.





8 Use the edges of credit cards, old bottle lids, and a silicone tool to print and add yet another layer. At this point I like to add touches of metallic gold, as well as a bit of 'splatting' with a finer paintbrush. You may need to water your paint down a little for this to work.



9 Finally stamp the bird from AALL & Create no.6 by Tracy Evans onto a scrap of paper from a vintage text book three times and cut out (I avoided the legs and drew these on afterwards). I typed a quote from a song onto the same old book paper and cut that out too, although you could use your computer to generate a quote. This song was whirring around my head as I was making this page! Glue the quote to the page and then add the birds as this gives them something to stand on. And finally, if you like a bit of bling add some glitter glue for a touch of sparkle.



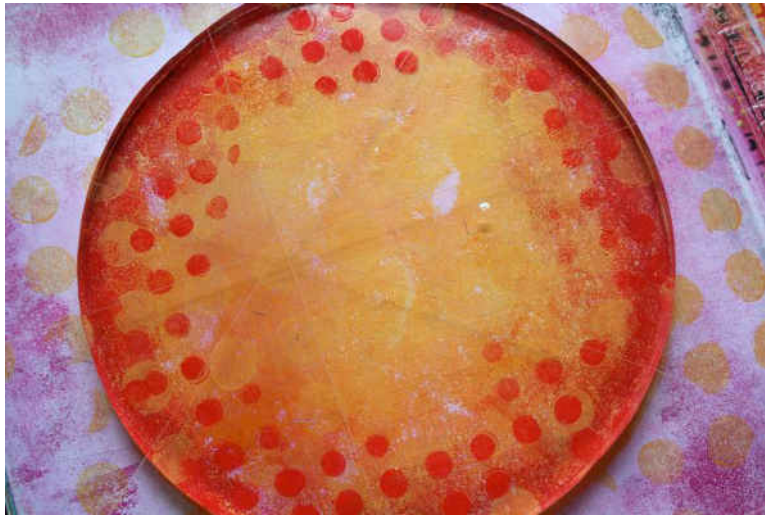
As a bonus, I created a second page using a technique I have been playing around with recently using a Gel Press printing plate. I used the 8" round plate to create a sunset effect, and then I used Tracy's bird again almost as a silhouette against the sunset.

Extra materials:

- 'Found' rusted rivets (I literally collect these off the streets!)
- Gel Press round gel plates 6" and 8"
- Stencils: Dylusions Fresh Dots, Flower Pop
- Stamps: Texture Cube by Kate Crane for Stampotique Originals, any flourish stamp

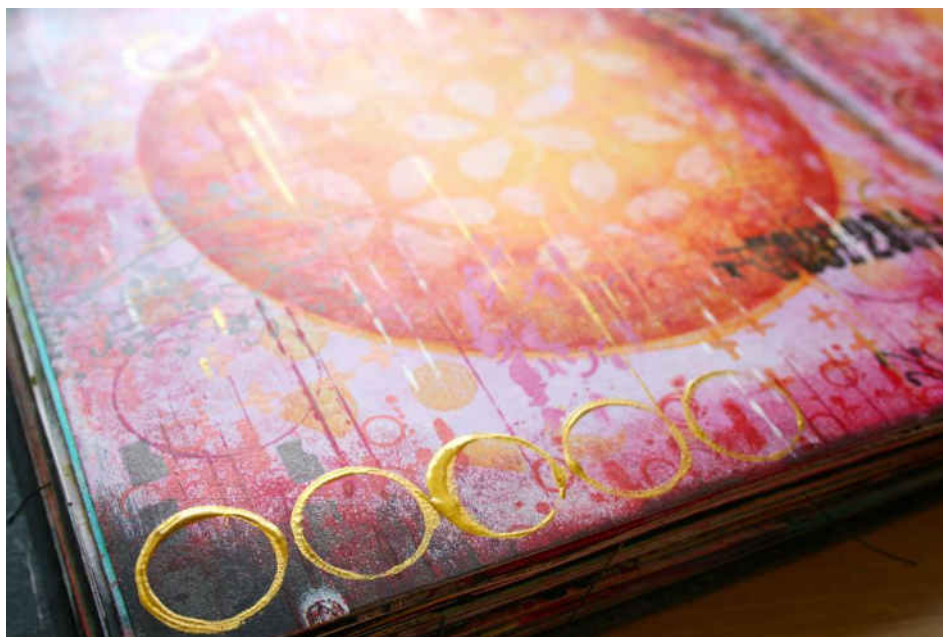
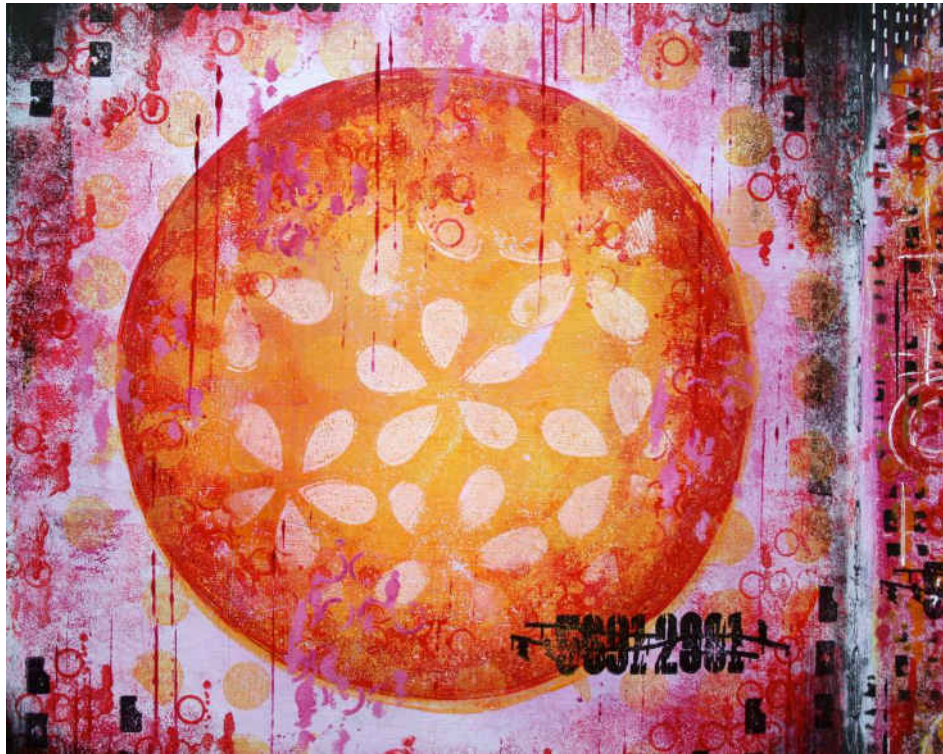


1 I began this page in the same way as page 1, creating a light pastel layer and adding a bit of extra colour with a brayer. I then brayered yellow onto the Gel Press round 6" plate to print layer 1, followed by orange and red around the edges only.



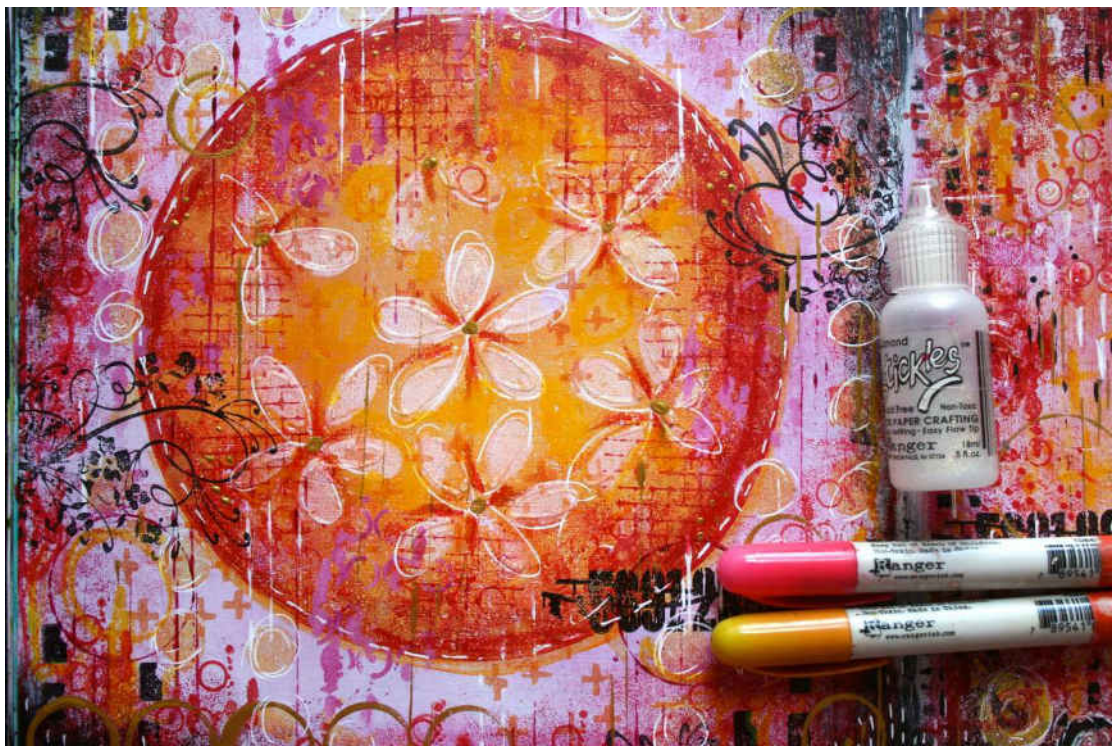
2 Place a stencil onto the larger 8" plate (I used Dylusions Fresh Dots and Flower Pop) and brayer over with yellow. Remove the stencil to reveal the pattern on the plate and print this over the original print. Keep repeating with both gel plates plates using different colours and stencils to allow the pattern to build.





3      Sponge through the stencil, add stamping, and junk stamping as in page 1, also introducing the gold.





4 As well as the stamp set no.10 by Autour de Mwa, I used Texture Cube in coordinating colours, both within the circle itself and outside it. I also stamped some bold flourishes using black Archival ink. Add touches of Distress crayon, and doodling as in page 1.



5 I rarely go for a walk without coming back with some kind of found 'treasure' and I'm permanently on the lookout for rusty washers. It's surprising how many of these you find once you start looking! These made a great finishing touch to the colours on this page.





6 Finally stamp the bird onto an old book page, cut it out, and add against the 'sunset'.



